



CIMAR

THE WOMEN'S HOSPITAL

KOCHI | THRISSUR | EDAPPAL

A unit of Edappal Hospitals Pvt Ltd

DISCHARGE SUMMARY

A. Patient Details

Patient: **Mrs ANJALY JOSE**

Address: **KANJIRATHINGAL HOUSE P O MARATHAKKARA THRISSUR**

Gender/Age: **Female/27 Yrs**

CIMAR NO: **25-22710**

IP No: **I26-5883**

B. Health Care Professional Details

Consultant: **Dr.LIPI(GYNAC)**

C. Admission and Discharge Details

Admission Date, Time **26 /02 /2026 05:46 PM**

Date&Time of Discharge **01/03/2026 11:02 AM**

FINAL DIAGNOSIS

PRIMI AT 37 WEEKS 2 DAYS / SPONTANEOUS - CONCEPTION / BLOOD GROUP: O+VE / OLIGOHYDRAMNIOS (AFI -6.6CM).

ADMITTED FOR SAFE CONFINEMENT

FULL TERM NORMAL VAGINAL DELIVERY WITH RMLE DONE ON 27/02/2026.

COURSE IN HOSPITAL

PRIMI AT 37 WEEKS 2 DAYS, ADMITTED FOR SAFE CONFINEMENT. CTG REACTIVE. LABOUR INDUCED WITH FOLEY'S INSERTION FOLLOWED BY CERVIPRIME GEL VAGINALLY AND OXYTOCIN. SHE DELIVERED A LIVE TERM FEMALE BABY. AS CEPHALIC , SHOULDER DYSTOCIA NOTED SUPRAPUBIC PRESSURE GIVEN. MC ROBERTS MANEUVER DONE. ONE LOOP OF CORD AROUND THE NECK. CLEAR LIQUOR. BABY DIDN'T CRY IMMEDIATELY. CRIED AFTER BAG AND MASK VENTILATION. PLACENTA DELIVERED IN TOTO.POSTNATAL PERIOD AND HOSPITAL STAY WAS UNEVENTFUL. PATIENT COMFORTABLE, VITALS WERE STABLE AND THE EPISIOTOMY SITE CLEAN AND HEALTHY. BABY - MOTHER SIDE.

PROCEDURE PERFORMED

FULL TERM NORMAL VAGINAL DELIVERY DONE ON 27/02/2026.

* **PRIMI ; LMP:10/06/2025, EDD: 17/03/2026; POG: 37 WEEKS 2 DAYS**



CIMAR KOCHI
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CIMAR THRISSUR
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Tel : 0487-2224555
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* **BABY SEX: FEMALE** * **TIME: 01.05 PM** * **WEIGHT : 3.100 KG**

* **APGAR SCORE AT 1 mt. 5mt. 5/10, 9/10**

INVESTIGATIONS

ATTACHED

CONDITION AT DISCHARGE

PATIENT COMFORTABLE.
P/A - UTERUS CONTRACTED.
EPISIOTOMY SITE CLEAN AND HEALTHY.

DISCHARGE ADVICE

REVIEW AFTER 2 WEEKS ON 16/03/2026

WHEN AND HOW TO OBTAIN URGENT CARE

HEAVY BLEEDING PV / FOUL SMELLING DISCHARGE PV / FEVER.

CONTACT IN EMERGENCY

CIMAR Emergency : 0487-3504555/2224555
: +91-9846600553
PRO : +91-9846600554
Email : prd.tcr@cimarindia.org

F. Discharge Medication

Sl#	Drug Name	Route	Frequency	Duration	Total Qty	Remarks
1	T-BACT OINTMENT 5G	LOCAL APPLICATION	1-1-1	7 Day	1	
2	NOVIUM D3 PLUS TAB	ORAL	0-0-1	45 Day	45	
3	BISRED TAB	ORAL	0-1-0	45 Day	45	

Lab Result

CROSS MATCHING(26/02/2026)

BAG NUMBER/UNIT NO 0042
DONOR BLOOD GROUP ""O"" POSITIVE
HCV NEGATIVE
HIV NEGATIVE
HbSAg NEGATIVE
MAJOR AND MINOR CROSS MATCH(SALINE,ALBUMINE,COOMBS) COMPATIBLE
MALARIA NOT SEEN
PATIENT GROUP & RH ""O"" POSITIVE
PRODUCT WHOLE BLOOD





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NON REACTIVE

SYPHILIS

Next Appointment On : **16/03/2026**

For/

Dr. LIPI(GYNAC)
(OBS & GYNAECOLOGY)

GYNAECOLOGY

Reg No. : 45460

*Dr. Divya
Dr. Divya
5/12/26*

Dr. LIPI MADHUSOODHANAN, MBBS,MS

Reg. No: 45460

Dept. of Maternal & Fetal Medicine

CIMAR, The Women's Hospital

Kanimangalam

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